**WEEK 1 MENU**

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| --- | --- | --- | --- |
|  | Breakfast | Lunch | Tea |
| Monday | Selection of Cereals  Or  Yoghurt & Fresh Fruit | Creamy Pasta Carbonara  &  Tasty Bacon Lardons  with Garlic & Herb Bread | Toasted Pitta Strips  with  Selection of Dips |
| Tuesday | Warmed Pancakes  with  Fresh Fruit | Mexican Chicken Fajitas  with  Wraps, Cheese and Soured Cream | Beans on Toast |
| Wednesday | Selection of Cereals  Or  Yoghurt & Fresh Fruit | Chinese Five Spice Vegetable Curry  with  Long Grain Fluffy Rice & Prawn Crackers | All Butter Croissants  with  Ham and Cheese |
| Thursday | Toasted Crumpets  with  Butter & Jam | Fish Fingers  Creamy Mash and Tasty Baked Beans | Cracker Selection  with  Cheese & Ham |
| Friday | Scrambled Eggs & Beans  on  Wholemeal Toast | Homemade Scouse  with  Pickled Cabbage & Warm Baked Crusty Bread | Chicken Salad Tortilla Wraps |

**WEEK 2 MENU**

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| --- | --- | --- | --- |
|  | Breakfast | Lunch | Tea |
| Monday | Selection of Cereals  Or  Yoghurt & Fresh Fruit | Herby Beef Marinara Meatballs  with  Pesto Spaghetti | Seeded Cream Cheese Bagels  with  Vegetable Sticks |
| Tuesday | Assortment of Brioche | Oven Baked Jacket Potatoes  with  Various Hot & Cold Fillings | Chicken Salad Wholemeal Sandwiches |
| Wednesday | Scrambled Eggs & Beans  with  Wholemeal Toast | Vegetarian Hot Pot  Served with  Fresh Herb Dumplings | Ham filled Sub Rolls  with  Side Salad |
| Thursday | Selection of Cereals - Hot/Cold Milk  Or  Yoghurt & Fresh Fruit | Chicken Parmigiana  with  Pesto Basil Pasta | Toasted Cheese Tortilla Wraps |
| Friday | Selection of Cereals  Or  Yoghurt & Fresh Fruit | Chilli Con Carne & Fluffy Rice  with  Tortilla Chips, Soured Cream & Grated Cheese | Breadstick Selection  with  Salsa & Guacamole |

**WEEK 3 MENU**

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| --- | --- | --- | --- |
|  | Breakfast | Lunch | Tea |
| Monday | Brioche Selection | Vegetable Cannelloni Bake  with  Garlic Bread | Crackerbread  with  Cream Cheese and Relishes |
| Tuesday | Scrambled Egg & Beans  with  Wholemeal Toast | Greek Beef Stifado  with  Roasted Mediterranean Vegetable Cous Cous | All Butter Croissants  filled with  Ham or Cheese |
| Wednesday | Selection of Cereals  Or  Yoghurt & Fresh Fruit | Tasty Mexican Tacos  with  Soured cream, cheese & Lettuce | Jacket Potatoes Halves  with  Melted Cheesy Beans |
| Thursday | Toasted Crumpets  with  Butter & Jam Selection | Chicken Tikka Masala  with  Fragrant Basmati Rice & Naan Bread | Wholemeal Sandwiches  with  Fillings of the Day |
| Friday | Selection of Cereals  Or  Yoghurt & Fresh Fruit | Chicken Roast Dinner  with  All the Trimmings | Warmed Pitta Pockets  with  Various Fillings |

**WEEK 4 MENU**

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| --- | --- | --- | --- |
|  | Breakfast | Lunch | Tea |
| Monday | Selection of Cereals  Or  Yoghurt & Fresh Fruit | Special Fried Rice & Vegetables  with  A Side of Curry Sauce | Scrambled Eggs  with  Wholemeal Toast |
| Tuesday | Warm Croissants  with  Butter & Jam Selection | Fish Fingers  with  Creamy Mash & Peas | Cracker Selection  with  Meat Platter & Salad |
| Wednesday | Selection of Cereals  Or  Yoghurt & Fresh Fruit | Hearty Chicken & Dumpling Casserole  with  Fresh Baked Bread | Tuna & Sweetcorn  Pasta Salad |
| Thursday | Scrambled Eggs & Beans  with  Wholemeal toast | Oven Baked Jacket Potatoes  with  Various Fillings | Tomato & Basil Soup  with  Crunchy Garlic Croutons |
| Friday | Selection of Cereals  Or  Yoghurt & Fresh Fruit | Mascarpone & Cherry Tomato Pasta Bake | Chicken Filled Soft Barms  with  Salad Selection |